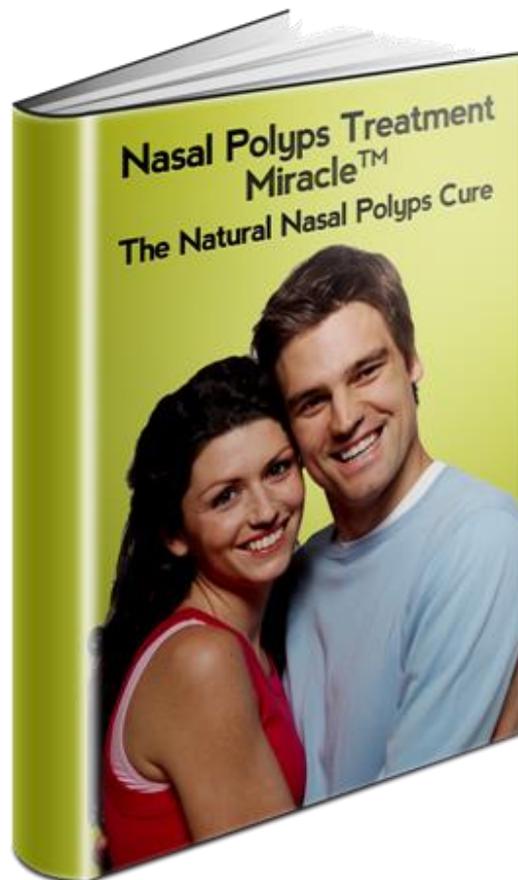


# NASAL POLYPS TREATMENT MIRACLE<sup>©</sup>

*THE NATURAL NASAL POLYPS CURE™*



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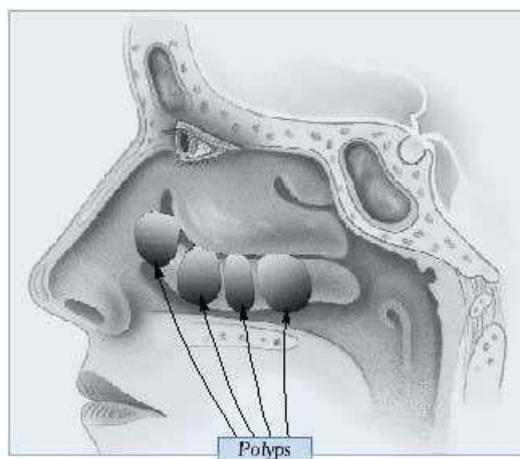
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## 1. NASAL POLYPS – AN OVERVIEW

### WHAT ARE NASAL POLYPS?

In simple terms, nasal polyps are benign growths that are found on the inner lining of the nasal cavity. They may be present near the nostril (and hence be visible from the outside) or they may be deep in the sinuses. In the latter case, the person may never realize they have nasal polyps and blame the symptoms on a recurrent cold or flu.

Nasal polyps have a teardrop shape, are very soft, and are often described as jelly-like. They may be grey, yellow or pink in color. In medical terms, nasal polyps are classified as either antrochoanal polyps or ethmoidal polyps. Ethmoidal polyps arise mainly from the ethmoidal sinuses and are multiple and bilateral. Antrochoanal polyps are less common and usually arise from the maxillary sinuses. Unlike ethmoidal polyps, antrochoanal polyps are single and unilateral. As we shall see later, there are many factors that can trigger the growth of polyps, but in all cases, an inflammation of the nasal linings is involved. In cases where people have multiple polyps, it is called: “polyposis”.



**Figure 1. Diagram of nasal polyps.**



**Figure 2. How a nasal polyp looks like.**

#### SYMPTOMS OF NASAL POLYPS:

- Nasal congestion
- Anosmia (loss of sense of smell)
- Sinusitis
- Secondary infection which can lead to headaches
- Snoring may occur while sleeping
- Facial changes are not common, but can occur
- Nose bleeds
- Coryza (cold symptoms such as a runny nose)

As the symptoms of nasal polyps are similar in nature to a number of symptoms associated with colds and influenza, persons with small polyps that are not visible from the outside can mistake their condition with a 'cold or flu that never seems to get better'. If you have a persistent blocked or runny nose, you should get yourself checked for nasal polyps.

There are many factors that can trigger the growth of nasal polyps, however, in all cases an irritation and subsequent inflammation of the nasal passage is involved (as we shall see in the next chapter).

There are also a few illnesses that are known to increase the risk of nasal polyps formation:

- Asthma
- Chronic rhinosinusitis
- Aspirin intolerance
- Kartagener's syndrome
- Young's syndrome
- Churg-Strauss syndrome
- Nasal Mastocytosis
- Cystic fibrosis

**MEDICAL & SURGICAL TREATMENTS FOR NASAL POLYPS:**

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